



## Fried Rice & Chow Mein

<b>Chicken</b> (topped with fried chicken)	12
<b>Jerk Chicken</b>	17
<b>Shrimp</b>	17
<b>Lamb</b> <i>small cubes of lamb in rice</i>	17
<b>Vegetable</b>	10
<b>Plain</b>	8
<b>Corn Mutton</b> (topped with jerk chicken)	24
<b>Rack of Lamb</b>	35
<b>Heat House Special</b> <i>served with chicken, shrimp, and lamb</i>	20
<b>Blackened Salmon</b> <i>coated with a special blend of Caribbean spices</i>	24

## Curries

<b>Chicken Curry</b> <i>choice of rice, roti, or dhalpuri</i>	15
<b>Goat Curry</b> <i>choice of rice, roti, or dhalpuri</i>	20
<b>Shrimp Curry</b> <i>choice of rice, roti, or dhalpuri</i>	20
<b>Vegetable Curry</b> <i>choice of rice, roti, or dhalpuri</i>	12
<b>Salmon Curry</b> <i>choice of rice, roti, or dhalpuri</i>	24

PLEASE LET YOUR SERVER KNOW ABOUT ANY FOOD ALLERGIES.

**20% GRATUITY WILL BE ADDED TO YOUR BILL FOR PARTIES OF 4 OR MORE.**

## Entrees

All entrées are accompanied with a choice of one side

<b>Skirt Steak</b> <i>topped with zesty cilantro, jalapeño salsa</i>	26
<b>Jerk Chicken</b> <i>boneless meat from thighs</i>	22
<b>BBQ Chicken</b> <i>boneless meat from thighs</i>	22
<b>Rack of Lamb</b> <i>pan seared and cooked in a blend of herbs and spices</i>	35
<b>Stewed Oxtail</b> <i>braised with lima beans, baby carrots, and celery</i>	28
<b>Stewed Chicken</b> <i>stewed with red kidney beans, baby carrots, and celery</i>	20
<b>Blackened Salmon</b> <i>coated with a special blend of Caribbean spices</i>	24

## Penne Pastas

<b>Heat Rasta Pasta</b> <i>choice of grilled chicken or shrimp, jerk chicken or jerk shrimp</i>	25
<b>Heat Premium Rasta Pasta</b> <i>choice of jerk steak, rack of lamb, lamb meatballs, or blackened salmon</i>	32
<b>Heat Veggie Rasta Pasta</b>	15
<b>Penne Pasta</b> <i>choice of garlic and olive oil, or vodka sauce choice of grilled chicken or shrimp, jerk chicken or jerk shrimp</i>	25
<b>Premium Penne Pasta</b> <i>choice of garlic and olive oil, or vodka sauce choice of jerk steak, oxtail, rack of lamb, lamb meatballs or blackened salmon</i>	32
<b>Jerk Chicken Mac Pie Bowl</b> <i>jerk chicken, bell peppers, mushrooms mixed w/ mac pie</i>	14
<b>Veggie Mac Pie Bowl</b> <i>bell peppers, mushrooms mixed w/ mac pie</i>	12

## Small Plates

### Mini Lamb Meatballs

served with red potato3 purée

12

### Heat Zesty Chicken Bites 🔥

jalepeños, onions, bell peppers

10

### Fried Snapper

16

### Fried Shark

14

### Lamb Sliders

12

### Lamb Burger

choice of truffle fries or plain french fries

20

### Wings 🔥

choice of jerk, lemon garlic, bbq, buffalo, lemon pepper, cee wings, classic with Heat sauce, or Heat fire wings

10

### Mini Tacos (3 per serving)

choice of shrimp or jerk chicken

12

### Garlic Shrimp

cooked in white wine and garlic sauce

16

### Pot Stickers

choice of chicken or shrimp

served with scallions teriyaki dipping sauce

10

### Plantain Chips

6

## Soups

### Heat Corn Soup

10

### Chicken Wonton Soup

12

### Veggie Ramen Bowl

14

### Jerk Chicken Ramen Bowl 🔥

14

### Oxtail Ramen Bowl

20

### Shrimp Ramen Bowl

16

### French Fries

served with cracked black pepper and salt

8

### Heat Truffle Fries

served with truffle oil and parmesan

12

### Heat Corn Mutton Balls

14

### Chicken Empanadas

10

### Chicken Tenders

served with maple honey mustard sauce

10

### Mozzarella Sticks

served with Heat marinara sauce

10

### Crab Cakes

14

### Calamari

12

### Lollipop Lamb Chops

25

### Chinese Style Fried Chicken

12

### Mussels

cooked in garlic white wine reduction

16

## Sides

### White Rice

plain

6

### Homestyle Rice and Beans, Fried Yuca, Macaroni Pie, Grilled Broccoli, Green Salad, Smashed Potatoes, Steamed Veggies

7

### Grilled Asparagus

10

## Desserts

### Triple Layer Warm Chocolate Cake

9

### Slice of Cheesecake

with a guava drizzle

9

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